

DIGNIIN: Korarka halista caafimaadka ee laga dhaxlo qaniinyada kaneecada deegaankaan.



Ka fogoow inaad banaanka ku qaadato waqti inta ugu badan ee suurtagalka ah inta u dhaxeysa qorax dhaca iyo waaberiga.

Aaggan wuxuu leeyahay khatar caafimaad oo kordhaysa oo la xariirta cudurka laga qaado qaniinyada kaneecada (encephalitis equine Eastern, EEE)—oo ah cudur uu keeno fayras ku faafa qaniinyada kaneeco cudur qabta. Marxalado yaryar, EEE wuxuu noqon karaa mid halis ah oo loo dhiman karo.

Saraakiisha caafimaadku waxay si adag ugu talinayaan in dadka aagga ku nool ay ka fogaadaan inay banaanka ku qaataan waqti inta ugu badan ee suurtagalka ah inta u dhaxeysa qorax dhaca iyo waaberiga - wax yar ka hor inta aysan qoraxdu dhicin, illaa habeenkii ilaa qoraxdu ka soo baxayso — maadaama ay tahay marka kaneecada ay u badan tahay inay na qaniinto.

Raac tilmaamaha fudud si aad u ilaaliso naftaada iyo tan qoyskaaga

- Isticmaal waxyaabaha kaneecada la iska ilaali ee ay EPA-ansixisay.
- Xiro shaatiyo gacmo dheer iyo surwaalo marka aad banaanka joogto.
- Meesha ka saar biyaha meelaha ku jira.
- Ku dabool seerayaasha iyo meelaha banaanka ee lagu ciyaaro maro kaneeco.
- Hagaaji daloolada muraayadaha ama meelaha kale ee ka banaan daaqadaha iyo albaabada.



ALERT: Increased health risk from mosquito bites in this area.



Avoid spending time outdoors as much as possible between dusk and dawn.

This area has an increased health risk for Eastern equine encephalitis (EEE)—a disease caused by a virus that spreads through bites from infected mosquitoes. In rare cases, EEE can be serious and life-threatening.

Health officials strongly recommend that people in the area avoid spending time outdoors as much as possible between dusk and dawn – just before the sun sets, through the night until the sun rises — when mosquitoes are most likely to bite.

Follow simple steps to protect yourself and your family

- Use EPA-approved insect repellent.
- Wear long-sleeved shirts and pants when outdoors.
- Get rid of standing water.
- Cover strollers and outdoor playpens with mosquito netting.
- Fix holes in screens or other gaps in windows and doors.

[HealthVermont.gov/EEE](https://healthvermont.gov/EEE)

